

10 Bible Verses About Health

Scriptures on Health & Healing



[Josh Wiley](#), [Yahoo! Contributor Network](#)

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The Bible is a Christians guide to life and leads us on every topic. What does the Bible say about our health? Read these ten scripture verses about Health for a better understanding.

10 Bible Verses About Health

Bible Verse About Health- Scripture from the book of 1 Corinthians

1 Corinthians 6:19-20

Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body.

Health Bible Verses- Scriptures from the book of Psalms

Psalm 91:10

No evil will befall you, Nor will any plague come near your tent.

Psalm 103:2-5

Bless the LORD, O my soul, And forget none of His benefits; Who pardons all your iniquities; Who heals all your diseases; Who redeems your life from the pit; Who crowns you with lovingkindness and compassion; Who satisfies your years with good things, So that your youth is renewed like the eagle.

Bible Verse About Health- Scripture From the book of 3 John

3 John 1:2

Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.

Bible Verses About Health- Scripture Verse on Healing

Exodus 15:26

And He said, "If you will give earnest heed to the voice of the LORD your God, and do what is right in His sight, and give ear to His commandments, and keep all His statutes, I will put none of the diseases on you which I have put on the Egyptians; for I, the LORD, am your healer."

[More Bible Verses About Healing](#)

Bible Verses About Health- The importance of Spiritual Health

1 Timothy 4:7-8

But have nothing to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.

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Proverbs 3: 5-8

Trust in the LORD with all your heart, And do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight. Do not be wise in your own eyes; Fear the LORD and turn away from evil. It will be healing to your body, And refreshment to your bones.

Bible Verses About Health- Scriptures from the book of Proverbs

Proverbs 4:22

For they are life to those who find them, And health to all their whole body.

Proverbs 17:22

A joyful heart is good medicine, But a broken spirit dries up the bones.

Bible Verses About Health- Peace from the inside

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus.